



VIVEK PATIL, MD

COLORECTAL SURGERY OF MARYLAND AND WASHINGTON, DC

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Medications to Avoid Prior to Surgery

- **DO NOT TAKE** any medications that contain **Aspirin** or any of the medications you take as-needed that are listed below for **5 DAYS** before your surgery.
- If you take daily blood-thinning medications such as Plavix, Xarelto, Coumadin, or any others, you must also stop these at least **5 DAYS** prior to surgery. You should do this **only** after discussing with your cardiologist or primary care physician a plan on stopping and restarting these medications.
- Avoiding these medications is very important in preventing bleeding complications during and after surgery
- If you forget to stop these medications, please contact us at the above number **IMMEDIATELY**.
- Taking Tylenol before surgery is okay.

DO NOT TAKE:

Aspirin (ASA)	Coumadin	Naprosyn (naproxen)
Advil	Ecotrin	Nuprin
Aggrenox	Eliquis	Pamprin
Aleve	Excedrin	Pradaxa
Alka Seltzer Effervescent	Fioricet	Relafen (nabumetone)
Anacin	Ibuprofen	Sinutab/Sine-Aid
Anaprox (naproxen)	Indocin or Maxalt	Soma Compound
Baby Aspirin	Midol	Sulindac
Bayer Aspirin	Mobic (meloxicam)	Toradol
Brilinta	Motrin	Voltaren (diclofenac)
Bufferin	Non-steroidal anti-	Warfarin
Carisoprodol Compound	inflammatories	Xarelto

Herbal Supplements to avoid: Echinacea, Ephedra, Garlic, Ginger, Ginko, Ginko Biloba, Ginseng, Kava, St. John's Wort